

Excessive Screen Time

Excessive Screen Time

- Most recent data (2014): 49% of King County youth attending public schools in the 6th,8th,10th and 12th grades.
- Trend over time: 2004-14: flat
- Description: Played video/computer game, used computer or watched TV 3 or more hours for fun on average school day
- Healthy People 2020 Goal: None listed for this indicator.

Excessive screen time, King County, 2012 and 2014 average

	Percent	Lower CI	Upper CI
King County (school-age in 6th, 8th, 10th and 12th grades)	49	48	50
GRADE			
Grade 6	42	39	45
Grade 8	51	49	54
Grade 10	52	50	54
Grade 12	51	50	53
GENDER			
Male	52	51	53
Female	46	45	47
RACE/ETHNICITY			
AIAN	53	49	56
Asian	51	48	53
Black	57	55	59
Hispanic	60	58	61
Multiple	53	52	55
NHPI	53	50	56
White	44	43	46
Other	48	46	50
REGION			
East	41	40	43
North	47	45	49
Seattle	48	45	51
South	56	55	58
STATE			
Washington State	52	51	53

Comparisons:

Higher than King County rate (yellow)

Lower than King County rate (green)

Notes:

Source: Healthy Youth Survey.

Prepared by Public Health - Seattle & King County, APDE, 08/2016.

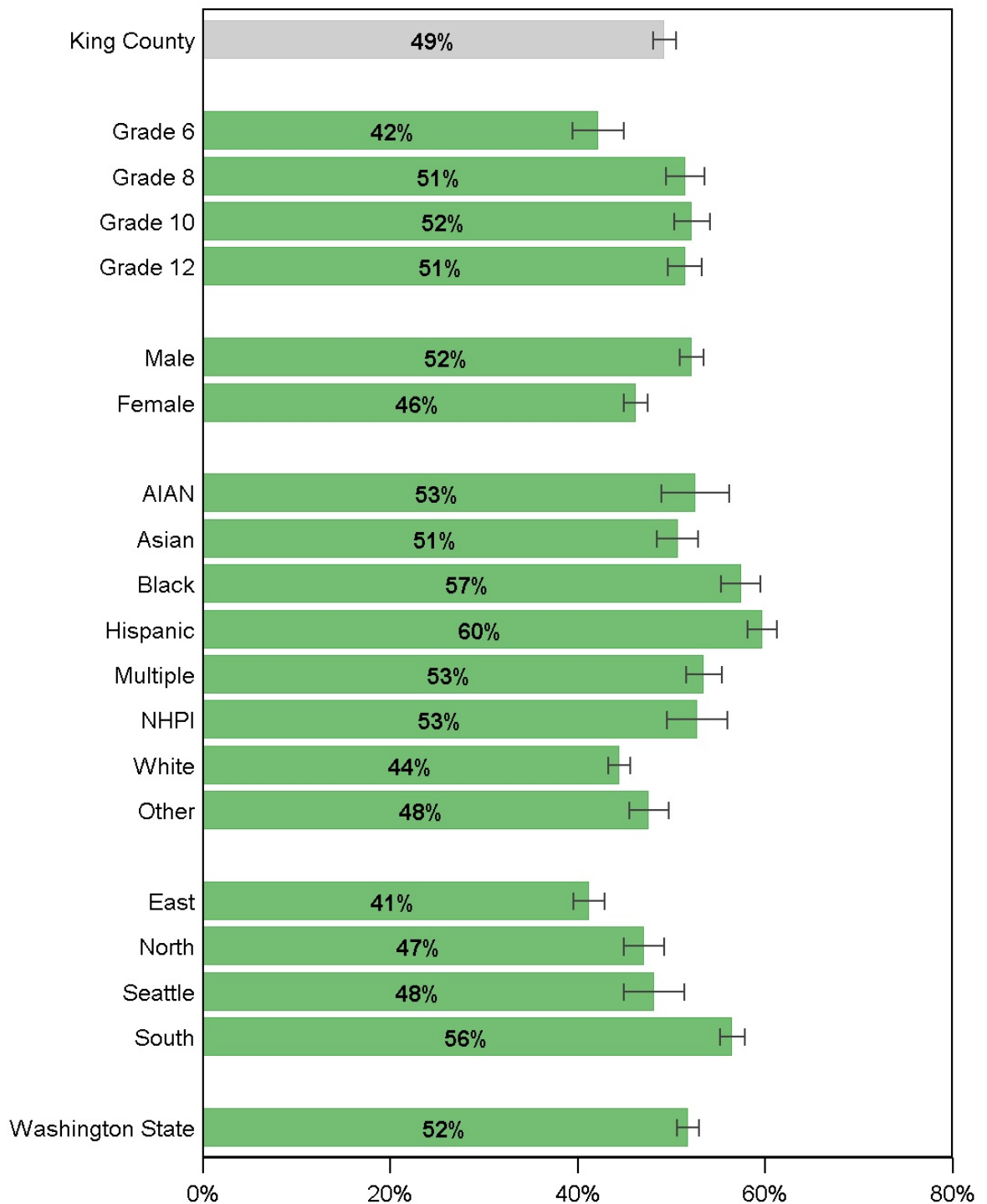
CI is 95% Confidence Interval.

* Too few cases to protect confidentiality and/or report reliable rates.

§ Too few cases to meet precision standard, interpret with caution.

Data by income or poverty level not available.

Excessive screen time King County, 2012 and 2014 average



Source: Healthy Youth Survey.

Prepared by Public Health - Seattle & King County, APDE, 08/2016.

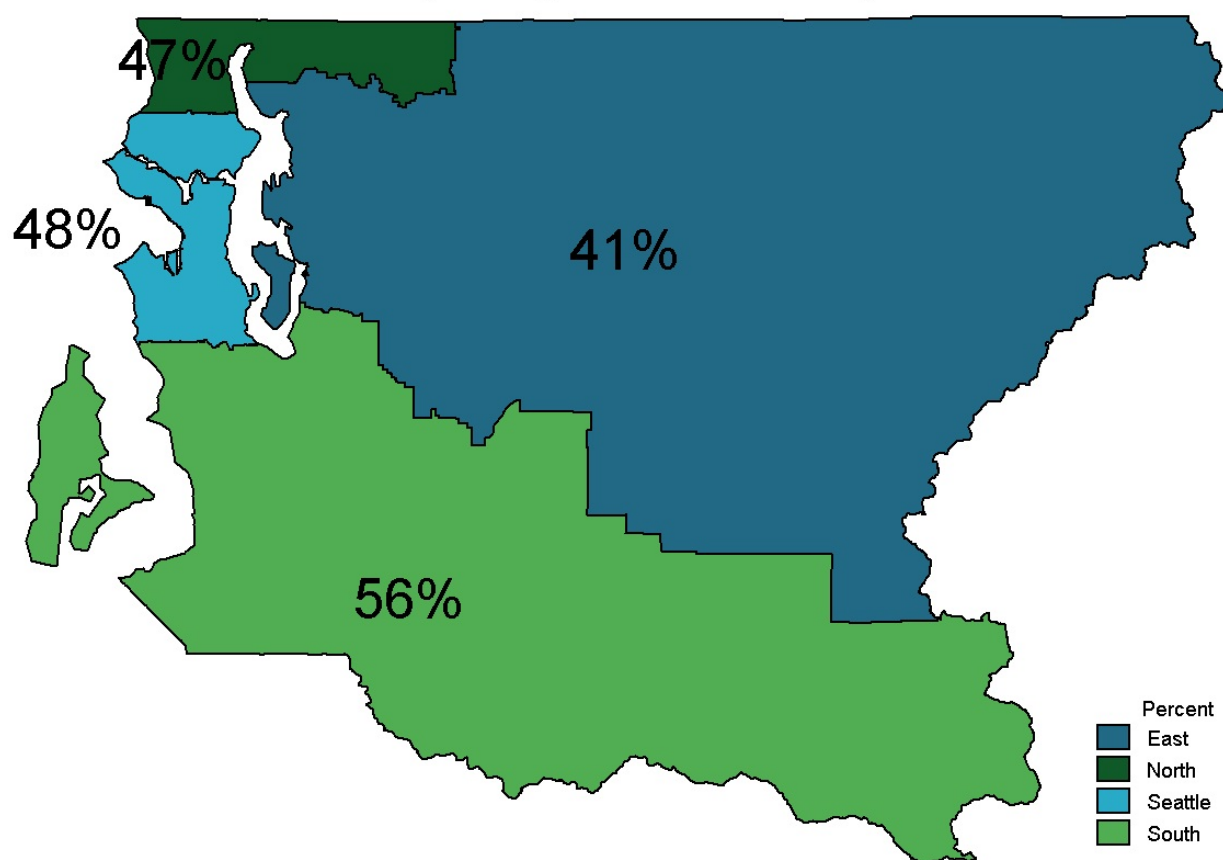
[-----] Confidence interval shows range that includes true value 95% of the time.

* Too few cases to protect confidentiality and/or report reliable rates.

§ Too few cases to meet precision standard, interpret with caution.

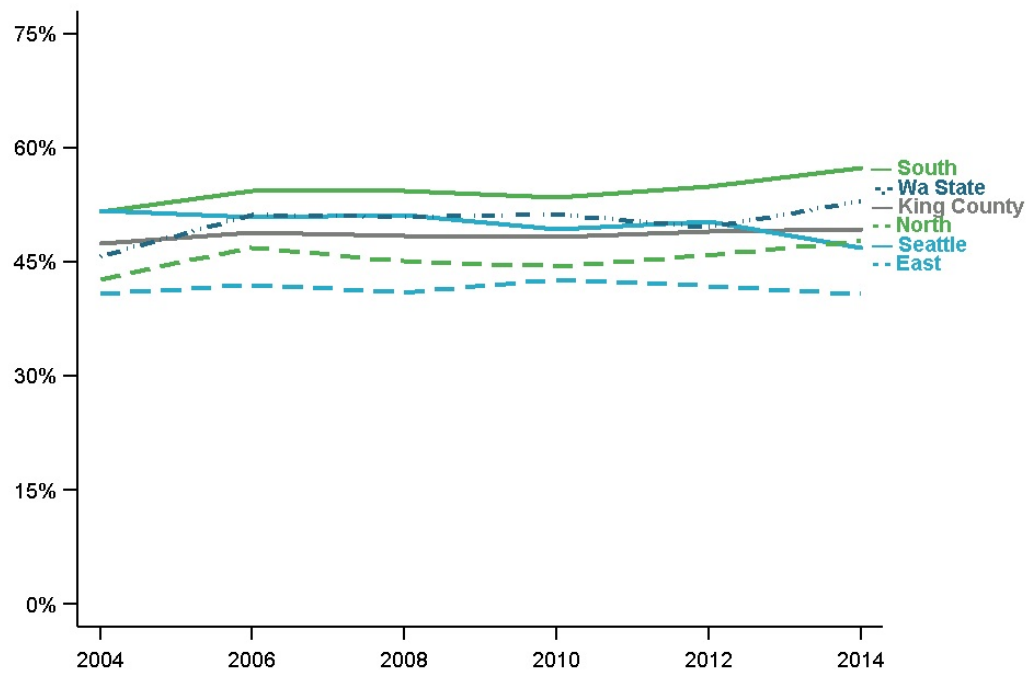
Data by income or poverty level not available.

**Excessive screen time by regions
King County, 2012 and 2014 average**



Source: Healthy Youth Survey.
Prepared by Public Health - Seattle & King County, APDE, 08/2016.
N/A: Not available.

Excessive screen time King County, 2004-2014



Trends over time: King County (2004-14: flat); East KC (2004-14: flat); North KC (2004-14: flat); Seattle (2004-14: flat);
 South KC (2004-14: rising); Washington State (2004-14: rising)
 Prepared by Public Health - Seattle & King County, APDE, 08/2016.
 Source: Healthy Youth Survey.
 South KC (2004-14: rising); Washington State (2004-14: rising)

Produced by the
[Assessment, Policy Development & Evaluation Unit](#)
[Public Health - Seattle & King County](#)
 08/16